



# Senior News

**Programs & Services  
for Active Senior Adults**

## **Parks & Recreation Department**

Program Registration Office: Stow City Hall  
3760 Darrow Road Stow, OH 44224

Monday-Friday 8:00am - 4:30pm

**330-689-5100**

## **November December 2018**

**Program Registration Begins:**

**Monday, October 29 at Stow City Hall**



### **Inside This Issue:**

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### **Serving Active Senior Adults**

#### **Program Information:**

#### **Stow Parks & Recreation Department Program Registration & Information**

3760 Darrow Road - Stow City Hall  
330-689-5100

#### **Stow Senior Center**

3968 Darrow Road 330-686-1325

#### **Senior Adult Programs**

Kathy McConnell, Recreation Supervisor  
kmcconnell@stow.oh.us

**www.FunInStow.com**



# Upcoming Senior Special Events

## Stow Munroe Falls High School Senior Class Play *Almost Maine* - Free Senior Citizen Performance

Take a look at what happens at 9:30pm in a small town on a Friday night in the middle of winter. Join a cast of characters in a series of unrelated scenes as they navigate the hazards of every day life in their pursuit of love and belonging.

**Friday, November 16 9:30am** No Fee / No Registration  
At the Stow Munroe Falls High School Auditorium



Stow Parks & Recreation Dept. welcomes you to jump in and have fun!

Senior programs are open to all active older adults. Some of our programs are drop in with no registration; but most require advance sign up with payment. Don't delay many of our programs are quite popular and fill up fast.

Registration is taken at *Stow City Hall* Monday-Friday 8:00am-4:00pm

If you have questions please call the Stow Parks & Recreation Department 330-689-5100

Kathy McConnell  
Recreation Supervisor  
City of Stow Parks & Recreation


## Popcorn Movie *Dinner & A Movie*

Why sit home watching TV when you can view a recent movie + have dinner in the company of friends at the Stow Senior Center.

Pot Luck Dinner is prepared by the Culinary Arts students at Stow Munroe Falls High School.

Call Stow Parks & Recreation Department for title of movie.

**Monday, November 19 4:30pm** Fee: \$7.00 includes dinner  
Stow Senior Center

Pre-Registration required at Stow Parks & Recreation 



## Spot A Scam

Summit County Office of Consumer Affairs


Information on how to prevent identity theft, available resources, steps to take if someone has ever fallen victim to a scam, and information on how to protect yourself at gas station pumps and ATMs.

**Monday, November 26 1:00pm** No Fee Pre-Register  
Stow Senior Center Limited Seating  
Pre-register with Stow Parks & Recreation Dept.  
330-689-5100



## Price is Right Luncheon

Program Partner: *Visiting Angels Living Assistance Services*

**Come on Down!...** You are the next contestant for fun and prizes! Enjoy an afternoon of game show hilarity as we present our version of this popular game show. Contestants are selected from the audience for their chance to play and win a prize. 

Games: Plinko /Hi Lo /3 Strikes /Cliff Hanger & More!

*Menu: Chicken Cordon Bleu, Buttered Egg Noodles, Green Beans, Dinner Roll, Dessert & Beverage*

**Friday, November 30 12:00pm**

Silver Springs Lodge 5027 Stow Road Fee: \$9.00

Pre-Register at Stow Parks & Recreation Limited Seating - Register Early!



# Active Senior Adult Special Events & Programs

## Another Bunco Party!

Program Partner: The Landing of Stow

Bunco is a friendly dice game that has become popular as a social game in neighborhood groups. It involves 100% luck and no skill!



The game is simple to learn... there are no decisions to be made, just pure luck & loads of fun. Small prizes will be awarded for most wins, most buncos & more! Coffee, Tea & Desserts

**Friday, December 7 1:00pm** Fee: \$5.00 Pre-register  
Stow Senior Center Limited Seating  
Register early at Stow Parks & Recreation Department

## Craft Workshop No-Sew Sock Snowman

Program Partner: The Landing of Stow



This little snowman will warm your heart! Cute and easy to make. We will have all the supplies you need to make an adorable holiday gift or a decoration you can set out for the holidays for years to come! We will give you lots of options to make a one of a kind creation.

**Friday, December 14 1:00pm**  
Stow Senior Center Fee: \$4.00  
Limited Seating - Pre-Register at:  
Stow Parks & Recreation Department



## Holiday Happenings Luncheon

Program Partner: Harbor Light Hospice

Santa's looking for all folks naughty & nice to join in on the holiday fun. A delicious afternoon luncheon, plus a visit from the jolly old elf himself! Santa promises to stop by even with his busy schedule! Holiday activities such as "Stingy Santa Gift Grab" and more will also be offered to make you smile! Menu: Stuffed Turkey Roll with Cranberry Glaze, Green Bean Casserole, Baked Yam with Brown Sugar, Dessert & Beverage.

**Monday, December 17 12:00pm** Stow Senior Center  
Fee \$ 9.00 - Pre-Register Limited Seating  
Pre-register with Stow Parks & Recreation Department 330-689-5100

## Breakfast Buddies

This senior group visits a local restaurant to enjoy good conversation and a tasty breakfast!



Meet the group leader at the restaurant then order & pay off menu.

Pre-registration is required

Please Call 330-689-5100 for a seat reservation.

**Third Friday of Month 9:00am**

**November 9\*** Bob Evans Stow (Hudson Dr)  
\*Please note date change for the November meeting

**December 21** Tip Top Stow

**January 18** Two Girls Café & Bakery Stow

## Travel Lunch Bunch

Join us as we travel out of town each month to a new restaurant. Never eat alone, worry about traffic, directions or finding a place to park!



Pay your bus fare at registration.  
Order & pay off menu day of trip.

**Departure: Lunch 10:30am**  
from Stow City Hall Parking Lot  
Park near center of lot

**Bus Fare: \$10 / trip Limited Seating - Register Early!**

**Maize Valley Bistro & Market** Hartville  
Mon., November 12 Or Weds., November 14

**M Italian** Chagrin Falls  
Mon., December 10 Or Weds., December 12

**Lagerheads BBQ & Smokehouse** Medina  
Mon., January 14 Or Weds., January 16

# Sports, Fitness & More Programs

On-Going Programs & Classes for Active Senior Adults



## Brain Games Puzzles & Games

Program Partners:  
Stow Glen Retirement Village  
& The Landing of Stow

**First & Third Thursdays**  
**1:00pm** No Fee

**Drop In Stow Senior Center**

Emphasis is always on Fun!  
Join this entertaining and thought  
provoking workout to maintain  
your brain! Those who engage in  
stimulating mental activities and  
social interaction benefit in  
retaining mental cognition plus  
enjoy a healthy outlook on life!

First Thursdays - Puzzle Play

Third Thursdays - Game Play  
with Susan Dietz -The Landings of Stow

## Beginner Line Dancing



Learn the *Stray Cat Strut*, *Electric Slide*, *Cab Driver* and more as  
you dance your way to exercise.

Join instructor, Nanette Wroe as  
she shows you "step by step" how  
to line dance in this social class.

Drop in \$3.00 per class  
**Tuesdays at 3:15pm**



## Santa's Mailbox

Kids love to receive  
a letter from the jolly old  
elf. But Santa needs a  
little help this time of  
year! Become a Letter Elf by  
helping sort, record and return  
pre-written Santa letters.

Senior Elves meet on Mondays at  
9:30am at the Stow Senior Center

Contact Stow Parks & Recreation  
330-689-5100 to ask to be an elf!

Santa's Mailbox on Display at  
Stow City Hall  
November 21 - December 20



## Sr. Cardio Circuit

**Tuesdays / 9:15am** Mya Burroughs

Aerobic intervals designed  
to burn fat are alternated with  
the use of weight/bands in order to  
sculpt and strengthen. This is a  
proven combination to sculpt &  
strengthen. Classes are designed  
to fit the beginner to the advanced  
student.



Individuals new to fitness programs  
are encouraged to come and  
observe a class at no cost.

## Seated Yoga

**Tuesdays 10:15 am** Mya Burroughs

Yoga exercises while seated  
in chair - no floor work.

Increase strength and flexibility.

Senior Fitness Classes Held at  
Stow Senior Center

### **Sr. Fitness Class Fees:**

*Silver Sneakers Members may  
participate at No Cost w/ Health Card  
Non-Silver Sneakers members may  
purchase a punch card \$10 for 5 classes*

## Senior Yoga Stretch

**Thursdays 9:15am** Jen Caldwell

Yoga like exercises to increase  
your mobility, strength and  
balance. Exercise while seated or  
standing near chair - no floor work.

## Strength & Tone

**Thursdays 10:15am** Jen Caldwell

Use of small hand weights  
& tubing as you work out to music.  
Designed to promote muscle  
strength, increase flexibility,  
balance & range of motion both  
seated or standing.

All exercise classes are very  
friendly and social.

## Stow Players - Community Theatre

*Senior Citizen Ticket Performances*

Heritage Barn - Silver Springs Park (5238 Young Rd Entrance)

These special performances are Open to All Senior Adults  
Tickets are No Cost to the Senior Performance dates only

*Limited Ticket Availability* - Limit 4 tickets per performance -

*Please be ready to list names/ phone numbers of all who receive tickets.*

**Senior Performance tickets will be available at:**

**Stow Parks & Recreation Department Beginning October 29**

**Haphazardly Ever After** Thurs., November 8 7:30pm

A fractured fairy tale farce! A King & Queen attempt to get their adult children to  
move from the castle & live up to their royal responsibilities.

**Don't Hug Me Christmas Carol** Thurs., November 29 8:00pm

A hilarious rendition of a Christmas Carol set in Minnesota with Gunner & Clara.

**January & February Productions:**

*Tin Woman & Over the River and Through the Woods*

**Tickets available Mon., December 17 at Stow Parks & Recreation**



# Recreation Programs & Health Services

On-Going Programs & Classes for Active Senior Adults

## Senior Bowling

League Play

Thursdays 9:30am



Sto Kent Entertainment Center  
3870 Fishcreek Rd Stow  
330-673-1718

Fee: \$7.00 / 3 games

New Players & Subs Welcome

League Coordinator: Jack Garner



## Dominoes

Mexican Train

Come learn to play this easy and fun game of Mexican Train Dominoes. Enjoy good company!

Second & Fourth Tuesdays of each month 12:30 pm  
Drop In / No Fee



## Mah Jongg

First & Third Tuesdays

Game play start: 12:30pm  
Stow Senior Center

Drop in play for individuals familiar with the game. - No Fee

## Indoor Walking

Enjoy the healthy benefit of walking without the worry of weather!

Monday-Thursday 9:00am-11:30am

Thank you to our friends at:

Fishcreek First Church of Nazarene  
4669 Fishcreek Road



## Senior Bingo

at Stow Senior Center



Second & Fourth Thursdays of each month Games begin at 1 pm  
\$1 / (3 card) packet for all 10 games

All money taken in is paid out as prizes

## Senior Cards

Wednesdays 11:00am - 4:00pm

Euchre / Crown 5 / 500 / Spite & Malice / Poker / Phase 10 / Pinochle & more!

Stow Senior Center  
Open to all Senior Adults  
A Nominal Drop In fee covers the price of snacks/beverages



## Health Screenings

Sponsored by Our Friends at: Stow Glen Retirement Village

No Appointment Required - No Fee  
at Stow Senior Center

Second Thursday of each month 12:00pm - 1:00pm

Blood Pressure & Glucose Screens No fasting required. Finger stick



## Foot & Nail Care

Everyday Divinity Foot Care

Mon., November 5 / Mon., December 3

9:00am-1:00pm

by appointment only

Toenail trimming & filing + callus reduction performed by a Certified Foot Care Nurse. An assessment of the lower legs & feet will be done as well.

Individual Foot Care Sessions are \$30 check or cash only.

Please call: Jen Vanek, RN BSN, CFCN, owner/operator of EDNEO, LLC to schedule an appointment call: (216) 956-0293

Home visits are also available.



## Hearing Health

Ascent Audiology & Hearing

Mon., December 17

10:00am - 12:00pm appointments at Stow Senior Center

Christopher Witten AuD, CCC-A, a local licensed audiologist, will meet with you individually for questions and also screen you for any hearing related concerns.

Plus if needed, removal of wax build up and inspection and cleaning of hearing aids.

No Fee - Appointment required by calling: Ascent Audiology 330-688-1172



## Chair Massage

with Sue Petrof, LMT  
Licensed Massage Therapist

Massage is credited with reducing pain and allowing deep relaxation.

A chair massage focuses on the neck, shoulders and back only while fully clothed.

Make an appointment \$15 for a 15 minute chair massage

No need to kneel on knees.

Second Friday of Month:

(November 9 & December 14)

10:30am - 12:30pm by Appt. at the Stow Senior Center

For Appointments Call:

Sue Petrof, LMT 330-414-8882



## Stow Blanketeers

A volunteer group which creates & donates blankets to local charities. Open to all who enjoy knitting, sewing or crocheting or those who would like to learn! Donations of Yarn appreciated!

Contact: Margrit 330-677-5511

**Oregon Trails Lodge** 2913 Graham Rd  
**Second & Fourth Wednesdays 1:00 pm - 3:30pm**



## Senior Services Assistance Ask a Social Worker

Many individuals and families struggle with questions about social service needs or concerns due to lifestyle changes as they age.

The Stow Senior Center has partnered with **Arbors at Stow** to provide access to a licensed Social Worker to answer your concerns or direct you to available local or county services.

*Questions on:* In Home Services / Medicare / Home Delivered Meals / Respite/Hospice Care / Utility Assistance & other topics of concern.

Contact: Social Worker at  
 Arbors of Stow 330-688-1188  
 2910 L'Ermitage Place Stow

## Notary Services

No Appointment Required - No Fee

**Monday - Friday 8:00am - 4:00pm**  
**at Stow City Hall**

Bring all documents & a legal form of identification to have your documents notarized.



## Stow Senior Citizen Commission



Members appointed by the Mayor, advise the city administration on concerns or issues that affect the everyday lives of Stow senior citizens.

**Next Meeting: Stow Senior Center**  
**Tuesday, November 20 7:00pm**  
 Tammy Denton, Chairperson

If you have an issue / idea on city policies, practices or infrastructure that you feel would benefit the lives of senior adults.  
 seniorcommission@stow.oh.us

## Care & Share



A volunteer craft group who assist local organizations through the creation of stuffed dolls and other handicrafts.

New material donations accepted

Meet the Last Monday  
 1:00 pm - 3:00pm

of the following months:

January - April

Mid Year Break

August - October

End of Year Break

Stow Senior Center

3968 Darrow Road



## The Stow Sunshiners

are an active social group of senior adults who invite you to become a member of their group. Enjoy a monthly catered luncheon with entertainment and good fellowship! Stow Sunshiner's President: Diane Dias

**Monthly Luncheon** is held the 1st Monday of Month (\*Holiday, 2nd Mon.)

at Cedar Hall of the Stow Glen Retirement Village 4285 Kent Road Stow (Parking Cedar Hall & Birch Hall areas)

Sunshiner Membership Information: Must be a resident of Stow or a contiguous city & have attended two luncheons.

Pay Annual Membership fee of \$5.00 Member Fee is used for Monthly Luncheon speakers & entertainment.

### Stow Sunshiner Membership & Luncheon Reservations/Ticket Information:

Pre-reservation with payment is required Luncheon COST: \$8.00 to Stow Sunshiners

**Mail payment to:** 4836 Algonquin Trail, Stow 44224 c/o Marlene Holderman 330-686-1632



### Monday, November 5 12:00pm

Menu: Roasted Turkey, Baked Candied Yams, Seasonal Veggies, Pumpkin Pie & Beverage.  
 Speaker: "The Planes, The People, The Stories"  
 -Retired Army Colonel Reed Kimball

### Monday, December 3 12:00pm

Menu: Cubed Beef Steak, Baby Yukon Gold Potatoes, Green Bean Casserole, Cheese Cake & Beverage  
 Entertainment: Madrigal Singers - Stow Munroe Falls High School

Birthdays Wishes: If you wish to be eligible for a Birthday gift at the Stow Sunshiners' Monthly Luncheon

- Follow these steps - \* Sunshiner Membership dues are currently paid. \$5.00 yearly membership fee

\* Place Your Name at the bottom of the previous month's attendance sheet or

\* Call: John Gretsinger 330-688-0052 the Month Prior to Your Birthday month. \*No reservations accepted luncheon day.

### Thank You to our Sunshiner Luncheon Birthday Gift Sponsors:

- Baumann's Florist
- Bellacino's
- Café in Stow
- Dairy Queen Fishcreek
- Dairy Queen - Portage Trail
- Isaly's II
- Oregon Corners Florist
- Rockne's - Stow
- Silver Lake Florist
- Stow Cone
- Stow-Glen Retirement Village
- 2 Girls Café & Bakery

## Sunshine Lady










The Stow SUNSHINERS want to cheer, lend comfort & support to other Sunshiner members in need. Please contact Ellie Smith 330-688-7938 to inform her when a Stow Sunshiner member is ill or has suffered a loss.

# Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

# November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 8:30am Trip: Mama Mia 9:15am Yoga Stretch 9:30am Bowling@SKB 10:15am Sr Strength 1:00pm Brain Games	<b>2</b> 1:00pm Understanding Probate	<b>3</b>
<b>4</b> 	<b>5</b> 12pm Sunshiner Luncheon @ Stow Glen Retirement Village  Foot Care Appointments	<b>6</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga  12:30pm Mah Jongg 3:15pm Line Dance	<b>7</b> 11:00am Cards	<b>8</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12:00pm Health Checks 1:00pm Bingo  Stow Players 7:30pm	<b>9</b> 9:00am B'fast Buddies   Chair Massage Appointments	<b>10</b> 8:30am Trip: Grove City
<b>11</b>	<b>12</b> 10:30am Lunch Bunch	<b>13</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dance	<b>14</b> 10:30am Lunch Bunch 1:00pm Blanketeers @OT  11:00am Cards	<b>15</b> 9:15am Yoga Stretch 9:30am Bowling@SKB 10:15am Sr Strength 1:00pm Brain Games	<b>16</b> 9:00am Trip: IX Center Christmas Connection 9:30am Senior Class Play at High School	<b>17</b>
<b>18</b>	<b>19</b> 4:30pm Popcorn Movie 	<b>20</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jongg 3:15pm Line Dance	<b>21</b> 11:00am Cards	<b>22</b> 	<b>23</b> Senior Center Closed	<b>24</b>
<b>25</b>	<b>26</b> 1:00pm Spot A Scam	<b>27</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Dominoes 3:15pm Line Dance	<b>28</b> 11:00am Cards  1:00pm Blanketeers @ OT	<b>29</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo  Stow Players 8:00pm	<b>30</b> 12:00pm Price is Right Luncheon @ SSL	

\*Most Programs are held at Stow Senior Center at 3968 Darrow Road

-Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

\*SSL = Silver Springs Lodge 5027 Stow Rd

\*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

\*OT = Oregon Trails 2913 Graham Rd

\*HB = Heritage Barn 5238 Young Rd







\*SGRV = Stow Glen Retirement Village 4285 Kent Rd

\*SKB Sto-Kent \*SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd

# Stow Seniors Activity Calendar

Stow Parks & Recreation Department 330-689-5100

# December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> 12:00pm Trip: Chamber Fest
<b>2</b>	<b>3</b> 12:00pm Sunshiner Lunch @ Stow Glen Retirement Village  Foot Care Appts	<b>4</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jong  3:15pm Line Dance	<b>5</b> 11:00am Cards	<b>6</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games	<b>7</b> 1:00pm Bunco Party	<b>8</b>
<b>9</b>	<b>10</b> 10:30am Lunch Bunch	<b>11</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Dominoes  3:15pm Line Dance	<b>12</b> 10:30am Lunch Bunch 1:00pm Blanketeers @OT  11:00am Cards	<b>13</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 12pm Health Screens 1:00pm Bingo	<b>14</b>  9:00am Bfast Buddies  Chair Massage  1:00pm Craft: No-Sew Snowman	<b>15</b> 1:00pm Trip Severance Hall Holiday Concert
<b>16</b>	<b>17</b> Hearing Appts   12:00pm Holiday Happening Luncheon	<b>18</b> 9:15am Cardio Fit 9:30am Stow Striders 10:15am Sr Yoga 12:30pm Mah Jong  3:15pm Line Dance	<b>19</b> 11:00am Cards	<b>20</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Brain Games	<b>21</b>	<b>22</b>
<b>23</b>	<b>24</b> Senior Center Closed	<b>25</b> 	<b>26</b> 11:00am Cards	<b>27</b> 9:15am Yoga Stretch 9:30am Bowling @SKB 10:15am Sr Strength 1:00pm Bingo	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b> 1:00pm Care & Share					

\*Most Programs are held at Stow Senior Center at 3968 Darrow Road

Program Registrations are taken at Stow City Hall - Stow Parks & Recreation Department 3760 Darrow Road

\*SSL = Silver Springs Lodge 5027 Stow Rd

\*Bus Trips & Lunch Bunch Depart: Stow City Hall 3760 Darrow Rd

\*OT = Oregon Trails 2913 Graham Rd

\*HB = Heritage Barn 5238 Young Rd

\*SGRV = Stow Glen Retirement Village 4285 Kent Rd

\*SKB = Sto-Kent \*SKB Stow Kent Entertainment Bowling Lanes Fishcreek Rd



# City of Stow Community Bus Trips

Open to All Ages - Winter 2018



Hanna Theatre - Cleveland  
The story-telling magic of ABBA's classic pop hit songs propels this tale of love, laughter, family & friendship. An all out blast of a musical. It is sure to have you singing along to all the hits.

**Date:** Thurs., November 1 **Fee** \$32.00  
**Depart:** 8:30am **Return:** 12:30pm

## Chamber Fest!

Oberlin College



Oberlin Music Conservatory college students from the string and piano departments will perform an assortment of musical pieces. You will be amazed at the talent of these young performers. Dinner at 1833 Restaurant located in the Hotel Oberlin (additional)

**Date:** Sat., December 1 **Fee** \$21.00  
**Depart:** 12:00pm **Return:** 7:30pm



## Amish Furniture Tour & More Mt. Hope/Berlin/ Walnut Creek

Tour Homestead Furniture's factory floor & visit the large showroom with it's unique pieces. View how Amish crafted furniture is made; see the finished product plus many more beautiful home accessories on display. Lunch stop at Der Bake Oven Restaurant & Bakery (additional)  
Shop stops at The Peddler & Coblentz Chocolates.



**Date:** Thurs., December 6 **Fee** \$25.00 **Depart:** 9:30am **Return:** 5:00pm

## Stow Parks & Recreation Department: Program Policy

Bus Trips are open to all ages.

Children under 18 must be accompanied by an adult.

Pre-registration is required & full payment is due upon registration. No Holds  
No credits or refunds are issued within 7 days of a program or trip due to change in personal schedule, illness or schedule conflict.

Refund requests may be granted if made in writing at least seven days prior to a trip or program only if no expenses/ticket purchases have occurred. A \$5 processing fee is applied to all refunds made seven days prior to program. Individuals may always find a replacement for their reservation if unable to attend - Please inform the office of name change.

A full refund is given if the Stow Parks & Recreation Department must cancel a trip due to low enrollment or unforeseen circumstances.

Special Assistance: Please let us know at registration if wheelchair seating is required.

Bus departs - Stow City Hall 3760 Darrow Road unless otherwise noted.

Return times are approximate, please allow for additional time.

Trips include transportation and admissions (meals are not included unless noted).



## Grove City Shopping Outlet

Bring your gift list & shop the variety of stores at this large outlet mall. No sales tax adds to the great deals! Wander the stores + grab a bite to eat at the food court. (additional)  
Plus receive a coupon book for extra savings at many of the stores. (Walking)

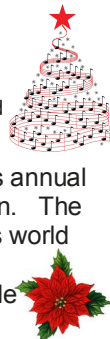
**Date:** Sat., November 10 **Fee** \$21.00  
**Depart:** 8:30am **Return:** 5:00pm

## Holiday Concert

at Severance Hall Cleveland

Celebrate the holidays with the Cleveland Orchestra in this annual offering of music for the season. The Cleveland Orchestra Chorus is world renowned for this spectacular performance amidst the yuletide beauty of Severance Hall.

**Date:** Sat., December 15 **Fee** \$90.00  
**Depart:** 1:00pm **Return:** 5:30pm



## IX Center Christmas Connection Cleveland

Northeast Ohio's premier holiday shopping event. More than 700 booths filled with unique gift ideas, crafts, specialty foods, home décor, jewelry, and much more! You will certainly find a unique gift idea for many on your shopping list! Plus complimentary tote bag & gift wrapping! Bring a lunch or eat at one of the concession stands.



**Date:** Fri., November 16 **Fee** \$24.00  
**Depart:** 9:00am **Return:** 4:00pm

## Football Hall of Fame Docent Tour Canton



Get an insider's tour of the Hall of Fame by exploring exhibits with a skilled & enthusiastic docent. Whether you are a huge fan or a casual observer, through the insight of our docent you will enjoy these first rate exhibits and history of the game. Lunch at Tim's Tavern (additional) & a Shop stop at Heggy's Nuts.

**Date:** Thurs., January 24 **Fee** \$39.00  
**Depart:** 8:30am **Return:** 3:30pm



## Hartville Markets

Hartville Marketplace has added new features and shops that you are sure to enjoy. Shop the famous Hartville Hardware first then Lunch (additional) at Hartville Kitchen. Plenty of time to shop at the Collectibles Store, Bakery & updated Marketplace with it's wide variety of food and unique items.

**Date:** Thurs. January 10 **Fee** \$16.00  
**Depart:** 9:30am **Return:** 4:00pm

## The Choir of Man

Cleveland Playhouse Square  
The ultimate feel good show! Set in a working pub; nine guys show off amazing harmonies, live percussion and foot stomping choreography. The best singing, dancing, stomping pub crawl you will ever attend!



**Date:** Sun., March 24 **Fee** \$54.00  
**Depart:** 5:30pm **Return:** 9:30pm



**Stow Senior Adult Programs**  
**November - December 2018**  
**Stow Parks & Recreation Department**  
**3760 Darrow Road Stow, OH 44224**  
**330-689-5100**  
**Website: [www.FunInStow.com](http://www.FunInStow.com)**

PRE-SORTED  
 STANDARD  
 U.S. POSTAGE  
 PAID  
 CUYAHOGA FALLS, OH  
 PERMIT NO. 501

**Return Service Requested**

**Dated Material**

**Stow Senior Center**  
 3968 Darrow Road (330) 686-1325  
 \*Facility is open only during scheduled senior programs.  
 \*Program Registrations are taken at:   
**Stow Parks & Recreation**  
 3760 Darrow Road (Stow City Hall)  
 Monday-Friday 8:00am - 4:00pm  
 Program Info: 330-689-5100

**Stow Senior Programs** are coordinated by the Stow Parks & Recreation Department and are open to active Senior Adults 55+  
 Pick a program that interests you & jump in!



Call Stow Parks & Recreation Department at: 330-689-5100 to be added to the **Stow Senior Newsletter** mailing list. Additional program flyers and bus trips are posted on the **Stow Parks & Recreation website at: [www.FunInStow.com](http://www.FunInStow.com)**  
 Look under: Senior Adult Programs


**Upcoming Programs...**

**Spot A Scam**  
 Mon. Nov 26 pg. 2



**Price is Right Luncheon**  
 Fri., Nov 30 pg. 2



 **Holiday Luncheon**  
 Mon., December 17 pg. 3

**Program Cancellations**



Don't delay in registering for a program or trip. Some programs fill quickly or minimum numbers must be met in order to hold an activity. If the Stow Parks & Recreation Department must cancel a program due to low numbers you will receive a full refund of program fees.

If you must cancel your registration due to any reason including illness, appointments or change of personal plans... If requested in writing at least 7 days prior to the program you will be granted a full credit (if no tickets/supplies have yet been purchased) or a refund by check less a \$5 processing fee.

Any cancellations within 7 days of the activity Do Not receive credit or refund. You may always allow someone to take your place in the program.